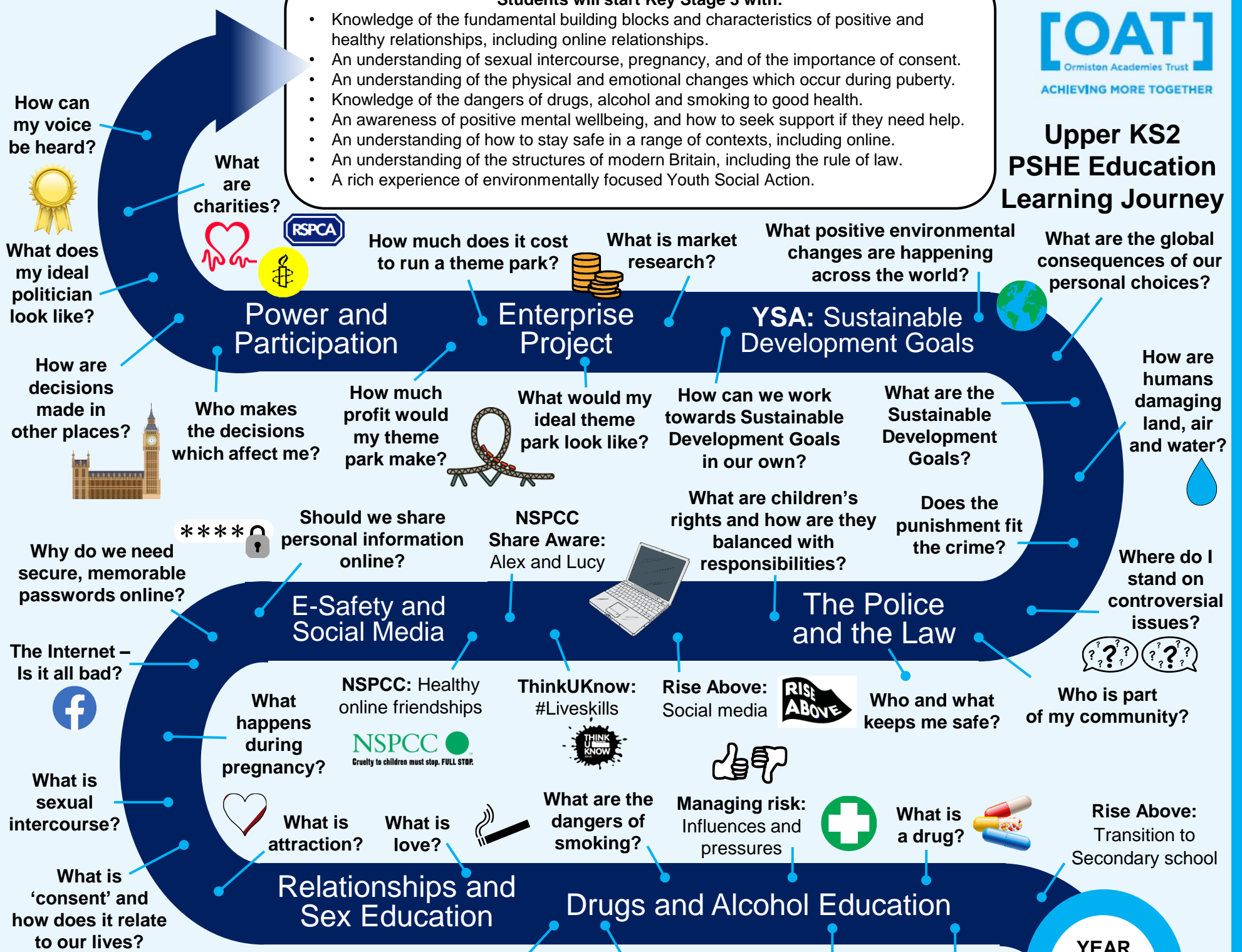


**Upper KS2  
PSHE Education  
Learning Journey**

**Students will start Key Stage 3 with:**

- Knowledge of the fundamental building blocks and characteristics of positive and healthy relationships, including online relationships.
- An understanding of sexual intercourse, pregnancy, and of the importance of consent.
- An understanding of the physical and emotional changes which occur during puberty.
- Knowledge of the dangers of drugs, alcohol and smoking to good health.
- An awareness of positive mental wellbeing, and how to seek support if they need help.
- An understanding of how to stay safe in a range of contexts, including online.
- An understanding of the structures of modern Britain, including the rule of law.
- A rich experience of environmentally focused Youth Social Action.



**YEAR 6**

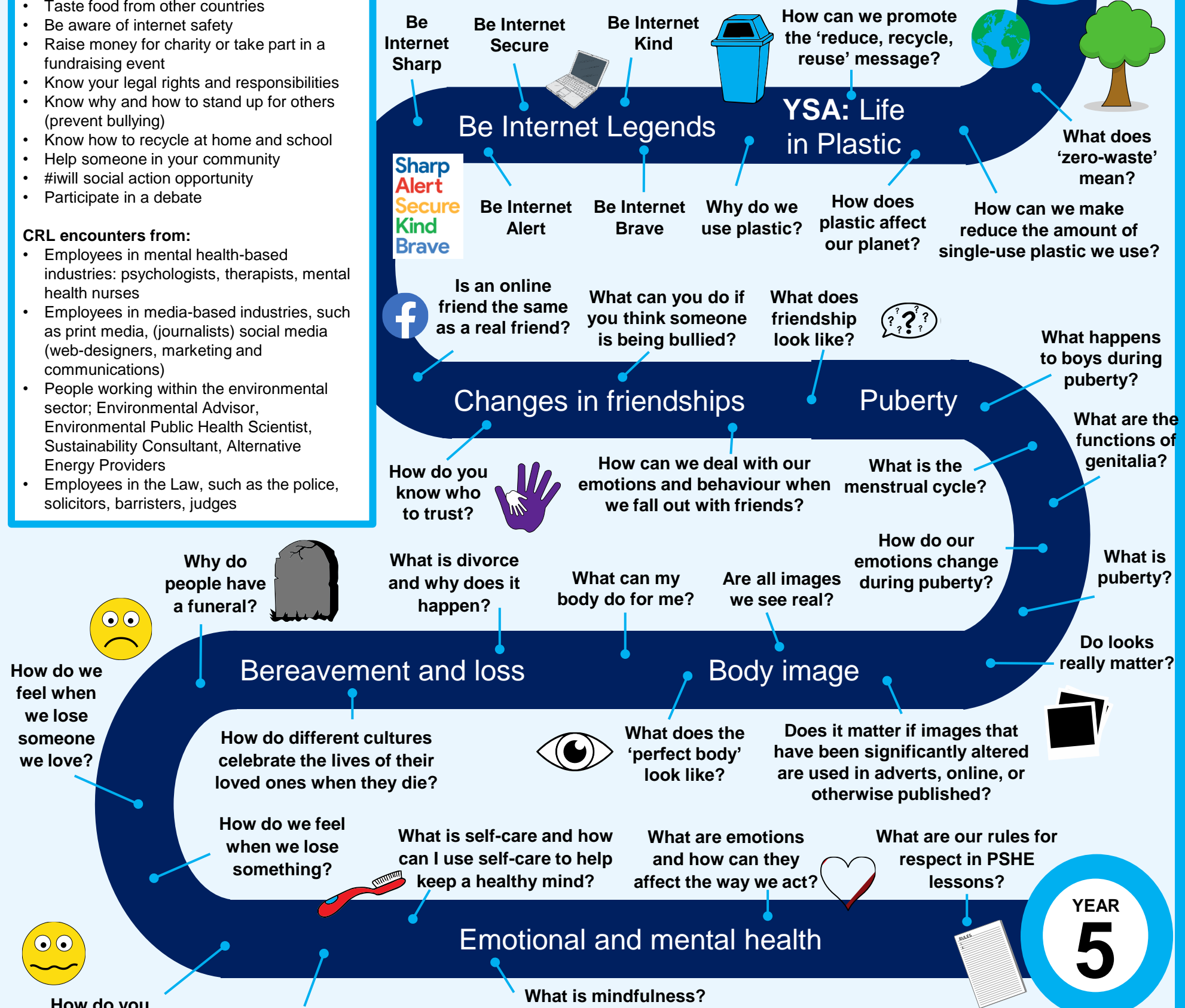
**Enrichment and careers related learning opportunities in UKS2:**

**The OAT Advantage:**

- Taste food from other countries
- Be aware of internet safety
- Raise money for charity or take part in a fundraising event
- Know your legal rights and responsibilities
- Know why and how to stand up for others (prevent bullying)
- Know how to recycle at home and school
- Help someone in your community
- #iwill social action opportunity
- Participate in a debate

**CRL encounters from:**

- Employees in mental health-based industries: psychologists, therapists, mental health nurses
- Employees in media-based industries, such as print media, (journalists) social media (web-designers, marketing and communications)
- People working within the environmental sector; Environmental Advisor, Environmental Public Health Scientist, Sustainability Consultant, Alternative Energy Providers
- Employees in the Law, such as the police, solicitors, barristers, judges



**YEAR 5**

**Students will start Upper Key Stage 2 with:**

- Understanding of how to be a good friend, including showing respect for others
- Knowledge of their rights and responsibilities, as detailed in the UNCRC, including an ability to recognise stereotyping.
- An understanding of how to stay safe, including online, and what to do in emergencies.
- Knowledge of how to live a healthy lifestyle, including a balanced diet, the importance of exercise, sleep and dental health.
- Experience of meaningful YSA; environmental, community-based and enterprise.